# Pharmacy First

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# Learning objectives

- Understand why the service has been commissioned and why it is important
- Understand the service pathways and how patients can access the service
- Review which conditions are covered on the Pharmacy First service and understand what a 'Clinical Pathway' is
- Review the training and competency requirements for the service
- Understand which parts of the service pharmacist and nonpharmacist staff can complete
- Review the next steps for implementing the service
- Discuss local engagement and what you can do to promote uptake

Advance service

Starts 31st January 2024

Replaces and builds on the Community Pharmacy Consultation Service (CPCS)

### <u>Aims</u>

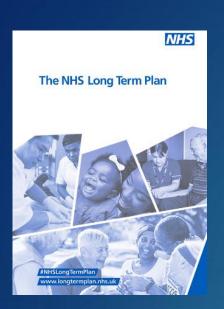
Provide convenient and accessible urgent care services for patients

Help patients manage their health more effectively and promote self care to prevent inappropriate use of urgent care services in the future

Free up general practice clinician time for higher acuity conditions

Further utilise the skills of community pharmacy teams to complete episodes of care for patients

Provide access for patients not registered with a GP to ensure equity of access to healthcare regardless of patients' ability to pay for cost of medication requested



### NHS Long term plan

- Boost out of hospital care
- Reduce pressure on urgent and emergency care

NHS delivery plan for recovering access to primary care

Expand the role of community pharmacy

### Fuller stocktake

"we are going to need to look beyond a traditional definition of primary care and understand that NHS urgent care is what patients access first in their community "

"We heard very clearly through the stocktake that the wider primary care team could also be much more effectively harnessed, specifically the potential to increase the role of community pharmacy"

# Pharmacy First Pathways

Urgent Repeat Medication Supply (Emergency Supply)

ONLY electronic referral from NHS111

### Minor illness

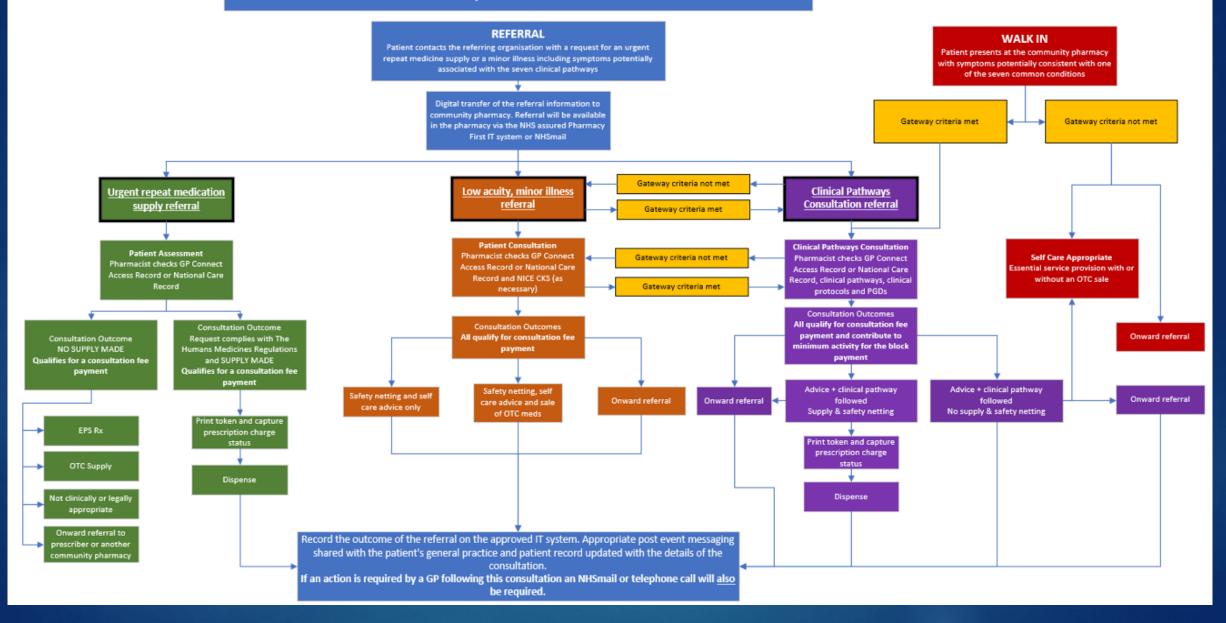
- Electronic Referral from NHS111
- Electronic Referral from GP/ICU CAS/A&E/999/UTC etc.



### Clinical Pathways

- Referral from NHS111
- Referral from GP/ICU CAS/A&E/999/UTC etc.
- Walk-in
- Identification in pharmacy

#### **NHS Pharmacy First Service Overview**



### ££

Any completed activity that us is as a result of a referral is claimable ££

With walk in patients **ONLY** the 7 clinical pathways conditions are claimable, and **ONLY** if the gateway criteria are met

Sign up fee £2000 (only claimable if sign up by 31<sup>st</sup> January) Consultation fee £15 per consultation

Sign up fee will be reclaimed by NHSE if you don't complete 5 consultations by 31st March

Monthly 'threshold' payments for completing a certain number of clinical pathway consultations per month for first few months

Month	Minimum number of Clinical Pathway consultations
February 2024	1
March 2024	5
April 2024	5
May 2024	10
June 2024	10
July 2024	10
August 2024	20
September 2024	20
October 2024 onwards	30

## Important!

If a pharmacy needs to refer to another pharmacy to complete the Clinical Pathways part of any consultation

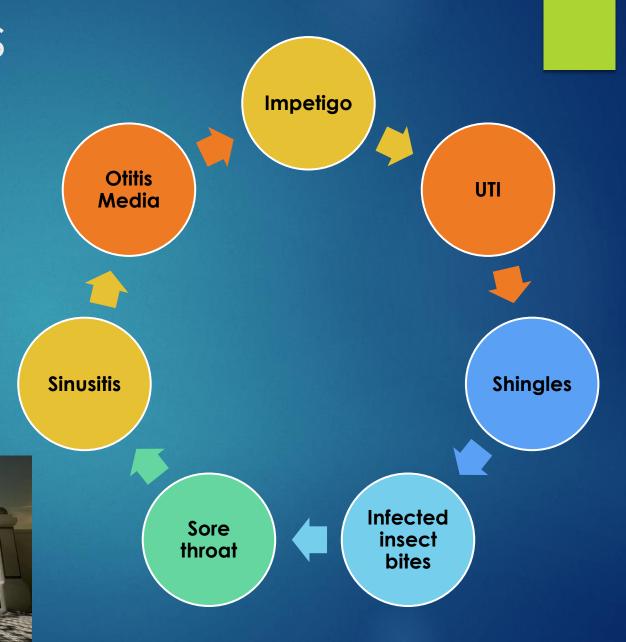
= NO PAYMENT

# Clinical pathways

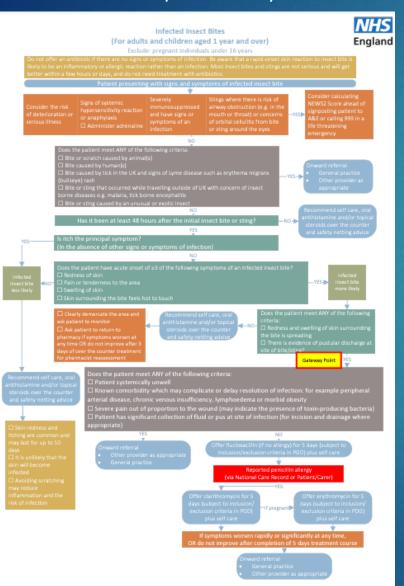
### 7 clinical pathways

- 7 common infections
- Set out patient and symptom criteria that need to be met for treatment
- Advise on treatment option
- Provide self care and safety netting advice

Each pathway has a gateway point



### ▶ 7 clinical pathways



### 23 PGDs and 1 protocol



This Patient Group Direction (PGD) must only be used by registered healthcare professionals who have been named and authorised by their organisation to practice under it. The most recent and in date final signed version of the PGD should be used.

#### PATIENT GROUP DIRECTION (PGD)

Supply of nitrofurantoin capsules/tablets for the treatment of Urinary Tract Infection (UTI) under the NHS England commissioned Pharmacy First service

Version Number 1.2

Change History			
Version and Date	Change details		
Version 1.0 January 2023	New template		
Version 1.1 July 2023	Updated interaction information – removed dapsone and topical prilocaine as interacting drugs		
Version 1.2 January 2024	Content aligned with PGDs in Pharmacy First suite.     Expansion of the definition of immunosuppressed     Addition of abnormal vaginal discharge, suspected STI and urethritis as exclusions     Addition of hepatoxicity warning from MHRA     Addition of caution re: rare metabolic conditions and certain excipients     Addition of self-care advice		
	Removal of nitrofurantoin 100g M/R tablets: no longer commercially available		

# Different between Clinical Pathway and PGD/Protocol

### Clinical Pathway

- Structured, stepwise algorithm to assess if patients meet the symptom criteria for treatment
- Advise on choice of treatment if there is more than 1 medication available

### **PGD**

- Legal framework to allow the supply of a specific medication in lieu of a prescription
- Assess patient against the PGD criteria AFTER you have applied the rules of the Clinical Pathway

# Medications available on PGD/Protocol

### <u>UTI</u>

Nitrofurantoin

### **Shingles**

Aciclovir and valaciclovir

### <u>Impetigo</u>

Hydrogen peroxide cream 1%, fusidic acid, flucloxacillin, clarithromycin, erythromycin

### **Infected insect bites**

Flucolxacillin, clarithromycin, erythromycin

### **Sore Throat**

Penicillin, erythromycin, clarithromycin

### **Acute sinusitis**

Mometasone spray, fluticasone spray, penicillin, clarithromycin, doxycycline, erythromycin,

### **Otitis Media**

Otigo, amoxicillin, clarithromycin, erythromycin

# Before you start

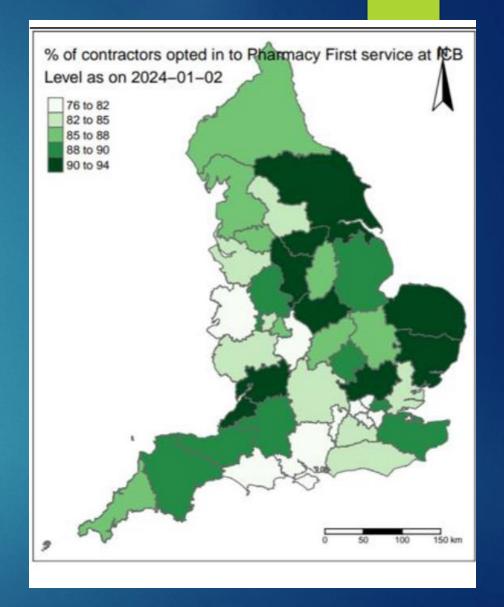
- Be providing all Essential Services and an acceptable system of clinical governance
- Sign up on MYS portal
- NHS assured Pharmacy First IT system
- SOP in place and all staff understand it
- Amend business continuity plan
- Consultation room (IT must be available in the consultations room)
- If delivering remote consultations must be via live video link that meets specification (all except otitis media which must be face to face)
- Must participate in audit if requested

# Sign ups to date

Service must be available throughout full opening hours

Must be accessible, appropriate and sensitive to users needs

Gloucestershire has 98.1% sign up-only 3 pharmacies not yet signed up



# Equipment

Otoscope (except DSP)

- Recommended
- Blood pressure monitor (electronic or manual)
- Pulse oximeter
- Scales
- Thermometer
- Tongue depressors
- Torch

- pharmacies may start to deliver the Pharmacy
  First service without being able to provide the
  otitis media clinical pathway, if they have
  evidence that they have ordered an otoscope
  and are awaiting delivery
- from 1 April 2024 an otoscope must be available, and all clinical pathways must be provided

### Training and competency requirements

"must ensure that pharmacists and pharmacy staff providing the service are competent to do so, and are familiar with the clinical pathways, clinical protocol and PGDs"

### Non-pharmacist staff

- Understand the service specification
- Read and understand the SOP
- Understand the Gateway criteria for Clinical Pathways so can identify eligible patients presenting in the pharmacy
- Know what to do if service is unavailable
  - Onwards referral to another provider
  - Update DOS team
  - Notify local surgeries
- Know what needs to be done when a locum is on shift

# Training and competency requirements

"must ensure that pharmacists and pharmacy staff providing the service are competent to do so, and are familiar with the clinical pathways, clinical protocol and PGDs"

#### **Pharmacists**

- Understand the service specification
- Read and understand the SOP
- Read and understand the clinical pathways
- Read and understand the 23 PGDs and 1 protocol
- Complete the CPPE Pharmacy First Self Assessment Framework
- Complete clinical skills training if required
  - Clinical assessment of symptoms
  - Clinical screening tools
  - Use of otoscope

Knowing the Pharmacy First service				
Statements	Competent	Development required	No previous experience	Learning resources to support your development
Can you explain the local NHS urgent				NHS Pharmacy First: Service specification
care system and the role of community pharmacy as part of this system?				CPPE: Urgent care: the role of the community pharmacy and the NHS Pharmacy First service e-learning [coming soon]
				CPPE: NHS Pharmacy First: Clinical assessment - essential <u>skills</u> workshop
				CPPE: NHS Pharmacy First: essential skills e-course
2. Can you explain how the service				NHS Pharmacy First: Service specification
operates – including the range of conditions and treatments included – to the public and other appropriate				CPPE: Urgent care: the role of the community pharmacy and the NHS Pharmacy First service e-learning [coming soon]
professionals?				CPPE: <u>NHS Pharmacy First</u> : <u>Clinical assessment - essential</u> <u>skills</u> workshop
				CPPE: NHS Pharmacy First: essential skills e-course
3. Can you accurately record consultations				CPPE: <u>Documenting in patient clinical records</u> e-learning
using an NHS assured Pharmacy First IT system and transfer data to GP systems?				Training guides and support from NHS assured Pharmacy First IT system providers
Can you identify mechanisms for				NHS Pharmacy First: service toolkit

### OSI O PRIMARY CARE | ILEARN

# **Pharmacy First**

Free e-learning for pharmacists from NICE CKS authors

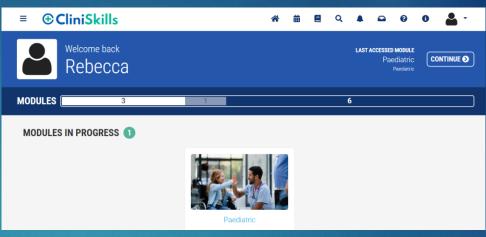
Agilio's Free Courses for Pharmacists

To support the rollout of the NHS Pharmacy First Service, we've developed 7 e-learning courses available on our iLearn platform for these common conditions.

These accredited courses are based on NICE CKS and aligned to the NHS England clinical pathways and PGDs.

All these courses are free to access and include a case study and multiple-choice questions to test understanding, with a certificate of completion.

Pharmacists can register for these free courses via our Agilio iLearn platform. https://learn.clarity.co.uk/Courses/pharmacy-first



### https://cliniskills.helmlms.com/login



### £££

Face to face training

- **ECG**
- MorphConsulting

### Save the date

11<sup>th</sup>/18<sup>th</sup>/23<sup>rd</sup> February (Cheltenham or Gloucester)

30 places am, 30 places pm

Half day face to face for ENT training – reviewing the PGD and clinical conditions and practical implementation, using an Otoscope, role play, case studies, reviewing red flags and when to refer

## Superintendents

- Training records for staff
- SOPs and business continuity plan
- Amend the PGDs for use in your business
  - Decide on how you will assure yourself of pharmacist competence
  - Decide on how you will record which pharmacists are authorized to use your PGDs/protocol
  - Update the blue highlighted parts of the PGDs/protocol
  - Sign the PGDs/protocol as the Authorising Manager for use in your business

### Appendix A – example registered health professional authorisation sheet (example – local versions/electronic systems may be used)

PGD Name/Version Valid from: Expiry:

Before signing this PGD, check that the document has had the necessary authorisations. Without these, this PGD is not lawfully valid.

#### Registered health professional

By signing this patient group direction you are indicating that you agree to its contents and that you will work within it.

Patient group directions do not remove inherent professional obligations or accountability.

It is the responsibility of each professional to practise only within the bounds of their own competence and professional code of conduct.

I confirm that I have read and understood the content of this Patient Group Direction and that I am willing and competent to work to it within my professional code of conduct.

Name	Designation	Signature	Date

#### Authorising manager

I confirm that the registered health professionals named above have declared themselves suitably trained and competent to work under this PGD. I give authorisation on behalf of insert name of organisation for the above named health care professionals who have signed the PGD to work under it.

Name	Designation	Signature	Date

#### Note to authorising manager

Score through unused rows in the list of registered health professionals to prevent additions post managerial authorisation.

This authorisation sheet should be retained to serve as a record of those registered health professionals authorised to work under this PGD.

Add details on how this information is to be retained according to organisation PGD policy.

### Patient pathway (minor illness)

### Patient referred to pharmacy

- ▶ Electronic referrals via NHS mail or direct into IT system
- Patient will be asked to contact the pharmacy

Conset (verbal)

Chaperone

Safeguarding

### Patient walks into pharmacy

- Check they meet gateway criteria and refer to pharmacist
- If not meet gateway criteria complete usual OTC consultation

#### Clinical consultation

- Patient will not have been clinically assessed in detail by the person referring!
- Use validated tools for clinical assessment
  - SOCRATES
  - FeverPAIN
  - NEWS2
- NICE CKS
- Remember to check allergies, current medication or medical conditions
- Use GP Connect or National Care Record to check medical record with patient consent

### If one of 7 Clinical Pathway conditions, follow Clinical Pathway protocol

### Outcome of consultation

- Self care advice
- Self care and sale of medication
- Supply or non-supply of medication under PGD/Protocol
- Referral to another service in the pharmacy
- Routine referral for an appointment
- Referral to patients GP or OOH for an urgent appointment
- Referral urgently via 999

Make contemporaneous record of consultation
Provide or use leaflets as specified in documentation
Advice and safety netting OR Supply medication

- Medication supplied for exempt patients print dispensing token for claiming
- Non exempt patients pay Rx charge

# Referring to OOH

PLEASE DO NOT call the Gloucester OOH service directly
PLEASE DO NOT tell the patient to call 111 themselves for escalation
Escalate back through NHS111 using the Healthcare Professionals
Bypass facility

"The new NHSE SW regional IVR went live in November, It should be option 3 for HCP. You should then be presented with a further 3 options, option 1 – paramedic, option 2 care home & then option 3 for any other healthcare professional. On selecting this it should route you through to the HCP line. If for any reason the line is busy it will route you through 111 whereby we can process your call as an HCP"

### Supply medication

ONLY medications listed in the PGD or protocol documents

To help protect NHS resources, wherever practical contractors should supply the BEST VALUE product to meet the clinical needs of the patient.

- Medication supplied for exempt patients print dispensing token
- Non-exempt patients pay Rx charge

Reimbursement at Drug Tariff price

No broken bulk

Zero rate VAT EXCEPT Hydrogen Peroxide cream

Medication charged back to ICB

## Recording consultations

IT system must meet requirements of service

- PMR provider
- Pharmoutcomes
- Other accredited provider

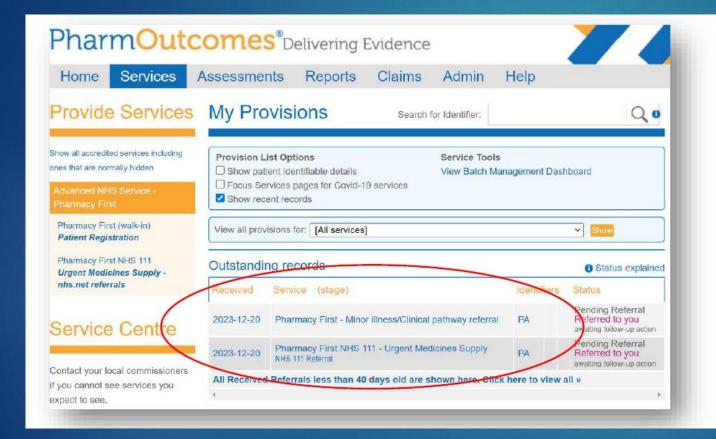
Notifications sent from system via secure mail

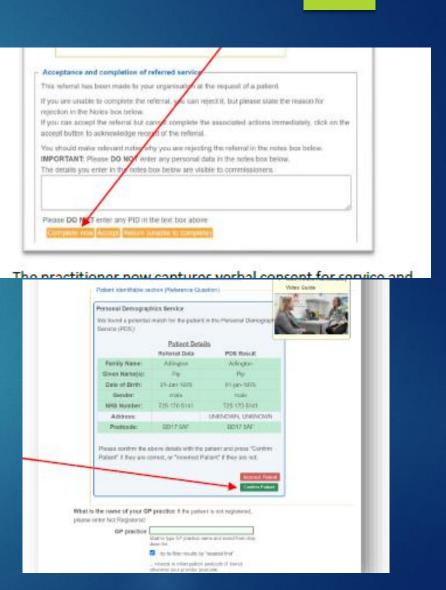
GP Connect will have write capability to record consultation

If onwards urgent referral in hours is required you will also need to telephone GP surgery

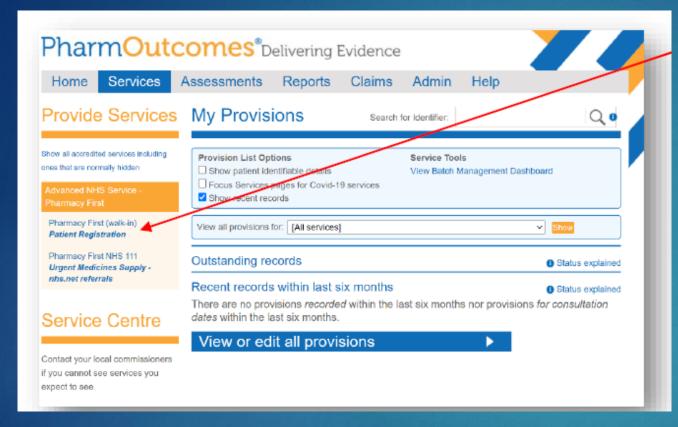
### Pharmoutcomes

Referrals



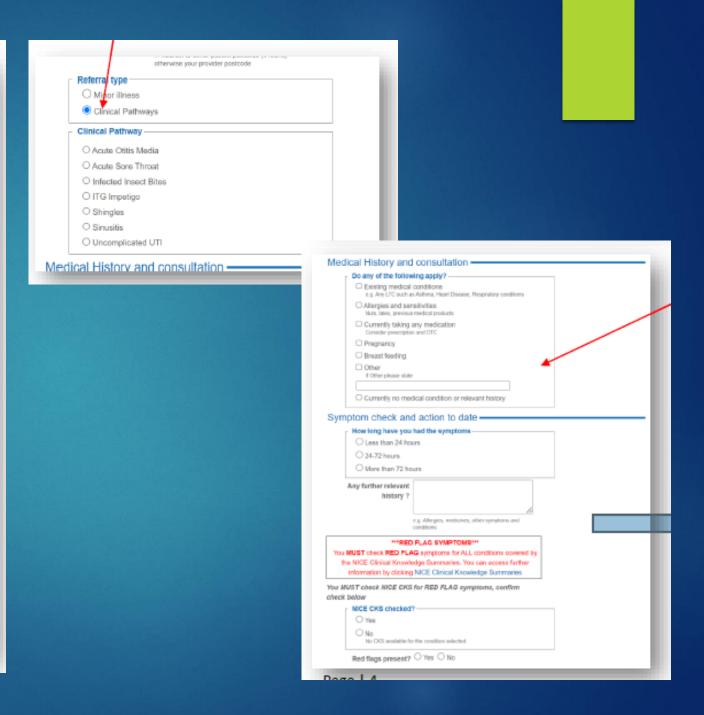


### Walk in OR NHS Mail referral



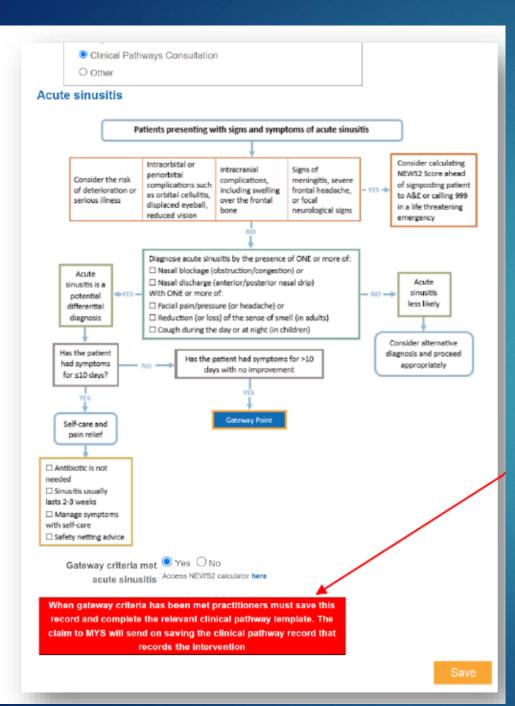
NHS 111 Service	
O NHS 111 online	
O GP Practice	
O GP Practice (onli	ne)
C Emergancy Depa	urtment
O Ambulance Servi	ce.
O Urgent Treatmen	t Centre
O Walk in Centre	
O Signposted (plea	se state
O Self referral	
O Other	
Onward referral f	rom and her community pharmacy
Referrer ODS code	(If unknown leave blank)
the contact details of t	he organisation making the referral below.
mple a phone number,	NHSmail address etc.
ferrer contact details	
Referral reference	
	(If not provided by referrer leave blank)
Referral type	
O Minor Illness	
O Clinical Pathway	
	Next Stage
Please save this regi	stration and select the linked next stage to record

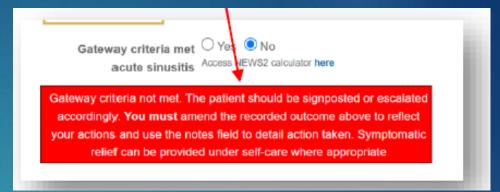
### Referral type-Minor illness O Clinical Pathways Referral reason -Presenting complaint O Acne, Spots and Pimples O Allergic Reaction O Ankle or Foot Pain or Swelling O Athlete's foot O Bites or stings, insect or spider O Blisters O Constipation O Cough O Cold or Flu O Diarrhoea O Ear Discharge or Ear wax O Earache O Eye, red or imitable C Eye, sticky or watery O Eyelid problems O Hair loss O Headache O Hearing problems or blocked ear O Hip, Thigh or buttock pain or swelling O ltch O Knee or lower leg pain swelling O Lower back pain



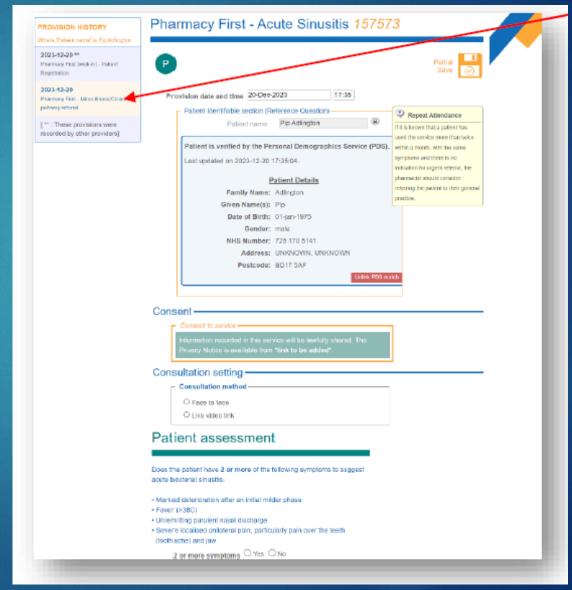
Consultation outcome —	
Consultation Outcome	
O Advice given only (no medicine supply) Sale of an Over the Counter (OTC) medicine Referral into a pharmacy local minor aliments service (MAS) Referral into an appropriate locally commissioned NHS service, such as a parient group direction Onward referral to another pharmacy Non-urgent signposting to another service	© © O Stu
Urgent escalation to another service	0
O Clinical Pathways Consultation O Other	0
Professional role  O Pharmacist O Independent Prescriber	Medicine  NB: Profes
Use the box below to record any other clinical notes	claim for patients
Incident Reporting	Are you sup representat Medicine
Pharmacist: Would you like to report an incident or send a	Please enter
Incidentimessage O Yes O No Pharmacist Feedback	MAS schem number of u capsules sup of doses for
Please use the box below to give us any valuable feedback so that	Me
we can improve our service Pharmacist feedback	
	Dose
A system generated daim will be sent to the NHSSSA once your record has been saved. Claims will be populated into the Manage Your Service (MYS) Portal and will appear for confirmation and submission	2nd N
when you make your monthly return	Use the field locally com

O Advice given only	(no medicine supply)	
<ul> <li>Sale of an Over the</li> </ul>	ne Counter (OTC) medicine	
O Referral into a ph	armacy local minor ailments service (MAS)	
O Referral into an a such as a patient gro	oppropriate locally commissioned NHS service, oup direction	
Onward referral to	another pharmacy	
O Non-urgent signp	osting to another service	
O Urgent escalation	to another service	
O Clinical Pathways	Consultation	
O Other		
NB: Professional payments in include cost of medicines sup- claim for medicines supply	lease read note below  on medicine supply  for any minor illness consultation does not opplied. If local arrangements permit you can via locally commissioned MAS, otherwise medicine supplied as part of this service.	
Are you supplying a medicin representative?		
Medicine supply via sale or or MAS	● Yes ○ No	
MAS scheme. The quantity en number of unit doses, NOT pa	es purchased or supplied via local stered is based on dm+d and must be the cks. This is the number of tablets or g or mls for creams or liquids and number	
Medicine supplied	DO NOT enter number of packs see note above	How to search for medicines
Quantity		Start to type the name of the
Dose recommended		medicine you are supplying into the
Days supplied?	Enter number of days medicine supplied	medicine field and select from drop down list. The more information entered the narrower the search
2nd Medicine supply	○Yes ○No	becomes
necessary?		
	any medicine supplies made under a or as an Independent prescriber	
Other supply information		
	4	
	20 NOT include PID in this field	





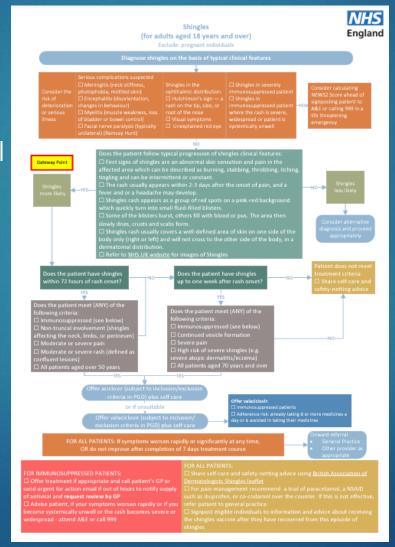
Saving closes this part of the consultation and PGD supply is recorded in a new module  Complete the template whenever Gateway point is passed- use to record PGD supply AND non-supply

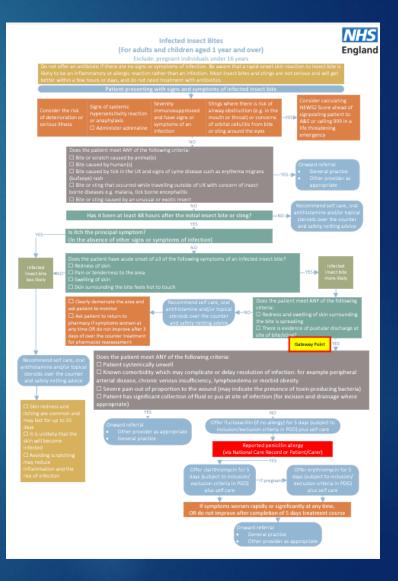


# Pharmacy Team support

Identify 'clinical pathway' patients by knowing basic inclusion criteria

(in addition to usual referral criteria and red flags)





### <u>UTI</u>

Women aged 16-64

Exclude- pregnancy, those with catheters, those with repeat UTI

### **Shingles**

Over 18

exclude-pregnancy

### <u>Impetigo</u>

Over 1 year

Exclude- recurrent cases (2 or more in a year), pregnant under 16, bullous impetigo

### **Infected insect bites**

Over 1 year

Exclude-pregnant under 16

### Sore throat

Over 5 years

Exclude-pregnant under 16



- Fluid filled blisters
- Usually start on central part of the body, arms or legs

### **Sinusitis**

Over 12 years

Exclude- immunocompromised, chronic sinusitis (+ 12 weeks), pregnant under 16

### **Otitis Media**

Aged 1-17

Exclude- recurrent otitis media (3/6 months or 4/12 months), pregnant under 16

### Know how to explain the service to patients

- "We may be able to provide you with prescription strength medication/antibiotics to treat your condition"
- "You will have a private consultation with the pharmacist in our consultation room".
- "The pharmacist will assess your symptoms and may suggest a more effective treatment than you can buy over the counter"

### Know how to manage patient expectations for antibiotics

- "You may or may not be supplied an antibiotic. It will depend on your symptoms as well your overall health and medical history."
- "We follow the same National Clinical Guidelines as your GP would."
- "If, after assessment, we cannot provide an antibiotic we will provide you with advice about how best to treat your symptoms and when you should return if the symptoms worsen or don't improve- or we may need to refer you to your GP for either an urgent or non-urgent appointment. The pharmacist will discuss this with you further during the consultation.

Blood pressure, pulse, pulse oximetry, temperature Provide leaflets and advice

# Local Engagement

- Let your local surgeries know you are ready to go
- Confirm process with surgeries for how to let them know if you can't provide the service
- Confirm escalation process –get the healthcare professional direct phone number so you can call them without holding for 20 minutes.
- Link with your PCN Community Pharmacy Lead
- Get on local Whatsapp/Telegram groups to share feedback
  - Matt Mollen <u>Matt.Mollen@nhs.net</u>
- ▶ LPC engagement with ICB and LMC
- Pharmacy First project group

Community Pharmacy England will be hosting a series of online drop-in sessions to support pharmacy owners and their teams as the Pharmacy First service launches.

- Sessions will take place between 1-2pm on the following dates:
- Monday 29th January 2024;
- Tuesday 30th January 2024;
- Tuesday 6th February 2024; and
- Thursday 8th February 2024

### Additional resources published

Pharmacy teams may also want to familiarise themselves with the following new resources to help embed the service:

- Updated implementation checklists
- Introducing the service to GP practices
- Clinical pathway videos

### Case studies

Mrs Smith (34) comes into the pharmacy and tells you her GP said to come in. You do not have an electronic referral on your system

She thinks she has a UTI.

She has increased frequency of passing urine and pain on passing urine. She also has lower back pain which started last night and is getting worse, and has been feeling nauseous all day.

Your pharmacist assesses the patient and then telephones the GP to have her seen at the surgery as she appears to have symptoms of pyelonephritis, and so does not meet the gateway criteria for the clinical pathway for UTI

Would you get paid for this activity?

Mrs ElChabib (57) walks into your pharmacy complaining of a painful rash on the left side of her torso, across the left shoulder blade and on the left side of her forehead.

The rash started 2 days ago and Mrs. ElChabib reports that she has been feeling very run down for a while and just thought that she was coming down with a cold.

She has no cold symptoms and no other medical conditions.

The pharmacist assesses the patient and diagnoses shingles.

Mrs ElChabib is given Aciclovir and pays an NHS prescription charge

Do you have to print and send in an NHS token for reimbursement?

Does this consultation count towards your monthly target?