

# Information, Awareness and Activity Day

Gloucester Rugby Club,  
Kingsholm Road, Gloucester GL1 3AX

If you have dementia or support a family member or friend who has dementia then please join us for a free event during Dementia Awareness week at Gloucester Rugby Club.

**Thursday 18th May 2017 10am-1pm**

(with the option to stay until 4pm for presentation and workshops on social isolation and befriending)

## On the pitch

Walking rugby demonstration

No running, no sprinting, just walking!



## In the conference centre

Rugby then and now

(memories of Kingsholm, rugby footage, a chance to chat)

Information stands

Dementia skills workshop for carers

Lunch and refreshments provided



To book places please contact:

Jiaming Green, telephone **0300 421 1993** or

email **[jiaming.green@nhs.net](mailto:jiaming.green@nhs.net)**